



JAI HIND COLLEGE BASANTSING INSTITUTE OF SCIENCE &

# J.T.LALVANI COLLEGE OF COMMERCE (AUTONOMOUS) "A" Road, Churchgate, Mumbai - 400 020, India

# Affiliated to University of Mumbai

Program: B. A.

Proposed Course: Psychology

Semester V

Credit Based Semester and Grading System (CBCS) with effect from the academic year 2020-21

# TYBA Psychology

# Academic year 2020-2021

Semester V			
Course Code	Course Title	Credits	Lectures /Week
APSY501	Psychology Testing Assessment and Statistics	5	4
APSY502	Clinical Perspective on Psychology Disorder	5	4
APSY503	Industrial Psychology	4.5	3
APSY504	Cognitive Psychology	5	4
APSY505	Practical's in Cognitive Process and Psychological Testing	5	6 practicals
APSY506	Counselling: the Profession and the Skills	4.5	3



Course: APSY501	Psychological Testing, Assessment and Statistics (Credits: 05 Lectures/Week: 04)		
	Objectives:		
	• To impart knowledge and understanding of the nature, uses, technical		
	features, and the process of construction of psychological tests		
	• To create awareness about measurement of intelligence and		
	• To create awareness about measurement of intelligence and assessment of personality		
	• To impart knowledge and understanding of the concepts in Statistics and the various measures of Descriptive Statistics-their characteristics,		
	uses, applications and methods of calculation		
	• To create a foundation for advanced learning of Psychological To	esting,	
	Assessment, and Statistics		
	Outcomes:		
	Thelearnergainsknowledgeofpsychologicaltests, assessment and ba	asicstat	
	istical techniques		
	Psychological Testing, Assessment and Norms	15 L	
Unit I	1. Definition of testing and assessment, the processes and tools of		
	assessment		
	2. The parties and types of settings involved		
	3. What is a 'Good Test'; Norms – sampling to develop norms, types		
- L .	of norms, fixed reference group scoring systems, norm-referenced		
1	versus criterion-referenced evaluation; culture and inference		
	Reliability	15 L	
1	1. The concept of Reliability; sources of error variance	10 2	
Unit II	2. Reliability estimates: Test Retest, parallel & Alternate forms, split		
1	half reliability, internal consistency–Kuder Richardson, Cronbachs		
	Coefficient alpha; inter score rreliability		
	3. Using and interpreting a coefficient of Reliability – purpose of the		
	Reliability coefficient, nature of the test, the true score model of		
	measurement and alternatives to it		
	4. Reliability and individual scores: SEM and SE difference		
	「ふく ゆ パアン		
	Validity and Measures of Central Tendency	15 L	
	1. The concept of validity; Face and Content validity		
Unit III	2. Criterion-related validity and Construct validity		
	3. Validity, bias, and fairness		
	4. Calculation of mean, median and mode of a frequency		
	distribution; The assumed mean method for calculating the mean		
	5. Comparison of measures of central tendency: Merits, limitations,		
	and uses of mean, median and mode		

Unit IV	Types of scores, Types of scales, Frequency Distribution and Graphic representations	15 L
	1. Continuous and discrete scores – meaning and difference ;	
	Nominal, ordinal, interval and ratio scales of measurement	
	2. Preparing a Frequency Distribution; advantages and disadvantages	
	of preparing a frequency distribution; smoothed frequencies:	
	method of running averages	
	3. Graphic representations : Frequency polygon, histogram,	
	cumulative frequency curve, ogive, polygon of smoothed	
	frequencies	
Reference		
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India		
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### I. Continuous Assessment (CA) - 40 Marks

- (i) CA-I: MCQs online from unit 4
- (ii) CA-II: Class test on numerical problems

### II. Semester End Examination (SEE)- 60 Marks

Course:	Clinical Perspective on Psychological Disorders I		
APSY502	(Credits :5, Lectures/Week: 04)		
	Objectives:		
	• To understand the full spectrum of human behavior		
	<ul> <li>To appreciate the merging boundaries between 'normal' behaviour a 'abnormal' behaviour</li> </ul>	ind	
	<ul> <li>To capture the fundamental essence of Psychological Disorders</li> </ul>		
	• Understand the interplay of Biological, Psychological and Socio-cul	tural	
-	Factors in causing and treatment of Psychological Disorders		
	• Make knowledge practically applicable for improving mental health		
	Outcomes:		
	Students will be able to trace the course of Psychological Disord	lers by	
	adapting a 'Scientific Theory to Practical Application' approach, ba		
in the second	DSM V Categorization		
	Theoretical Perspectives of Psychological Disorders	15 L	
	1. Biological Perspectives		
Unit I	i. Neurotransmitters		
	ii. Gene-environment interactions		
	2. Psychodynamic Perspective		
	i. Freud's Theory		
	ii. Post-Freudian Theories		
	3. Behavioral and Cognitive Perspectives		
- L.	i. Role of Conditioning		
1	ii. Relationship of Attitude with Emotion		
- 1	4. Humanistic and Sociocultural Perspectives		
1	i. Person-centered theory		
	ii. Family Interactions and Social Discrimination		
	Neuro developmental Disorders	15 L	
Unit II	1. Autism Spectrum Disorder		
	i. Symptoms		
	ii. Theories and Treatment		
	2. Learning and Communication Disorders		
	i. Specific Learning Disorder		
	ii. Communication Disorders		
	3. Attention Deficit/Hyperactivity Disorders		
	i. Characteristics of ADHD		
	ii. ADHD in Adults		
	4. Motor Disorders		
	i. Tic Disorders		
	ii. Stereotypic Movement Disorder		

	Disorders pertaining to:	Feeding-Eating, Elimination, Sleep-	15 L
	Wake, Impulse Control a	and Conduct	
Unit I	1. Eating Disor	ders	
	i. Sym	otoms of Anorexia Nervosa and Bulimia Nervosa	
	ii. Theo	ries and Treatment	
	2. Elimination	Disorder	
	i. Theo	ries	
	ii. Treat	ment	
	3. Sleep-wake	Disorders	
	i. Theo	ries	
	ii. Treat	ment	
	4. Disruptive a	nd Impulse Control Disorders	
		ositional Defiant Disorder	
		lse Control Disorders	
	1	and a second sec	
	Paraphilic Disorders, Sez	ual Dysfunctions and Gender	15 L
Unit IV	Dysphoria		
	1. Paraphilic D		
_		acteristics of Pedophilic, Exhibitionistic,	
- 1		puristic, Fetishistic disorders	
		acteristics of Frotteuristic, Masochism,	
		m, Transvestic Disorders	
		Treatment of Paraphilic Disorders	
- 1	i. Theo	ries	
	ii. Treat	ment	
	3. Sexual Dysf	unctions	
	i. Arou	sal Disorders	
	ii. Disor	rders involving Orgasm and Pain	
	4. Gender Dys	bhoria	
	i. Theo		
	ii. Treat	ment	
Referer	ii. Treat	ment	

#### **References**:

- 1. Barlow, D.H., & Durand, V.M. (2005). Abnormal Psychology: Anintegrative approach. (4<sup>th</sup>ed.). New Delhi: Wadsworth Cengagelearning
- 2. Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology. (13thed.). Indian reprint 2009 by Dorling Kindersley, NewDelhi
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- 4. Whitbourne, S.K., & Halgin, R.P. (2015). Abnormal Psychology: Clinical Perspectives on Psychological Disorders. (7thed.). New York: McGraw Hill Education (India) PrivateLimited

### **Evaluation Scheme**

#### I. Continuous Assessment (CA) - 40 Marks

- (i) CA-I : Online Test- for 20 marks
- (ii) CA-II: Analysis and Presentation of Case Studies- for 20 marks

#### II. Semester End Examination (SEE)- 60 Marks

Course: APSY503	Industrial Psychology (Credits: 4.5 Lectures/Week: 03)	
	<ul> <li>Objectives:</li> <li>To make the learner aware of various functions of industrial psychology</li> <li>To create awareness about the role of Psychological factors &amp; processes at work</li> </ul>	
~	<ul> <li>To create a foundation for higher education and a professional career in Human Resources</li> <li>To explore the application of industrial psychology in a field set Outcomes:</li> </ul>	tting
~	<ul> <li>Students would be able to describe and evaluate the methods that deal human resources at the workplace</li> </ul>	l with
Unit I	<ul> <li>Job Analysis</li> <li>1. Types of Job Analysis and Measuring Competency</li> <li>2. Purposes of Job analysis; SMEs and collection of information</li> <li>3. Methods of job analysis</li> <li>4. Job evaluation</li> </ul>	11 L
Unit II	<ul> <li>Performance Appraisal</li> <li>1. Performance criteria</li> <li>2. Objective methods of performance appraisal</li> <li>3. Subjective methods for assessing job performance</li> <li>4. Why do we appraise employees and Problems in performance appraisal</li> </ul>	11 L
Unit III	<ul> <li>Assessment and Selection</li> <li>1. Assessment methods: psychological tests</li> <li>2. Biographical data, interviews, assessment centers and work samples</li> <li>3. Human resource planning and recruitment</li> <li>4. Selection &amp; Retaining employees &amp; POSH</li> </ul>	12 L
Unit IV	<ul> <li>Training</li> <li>1. Scope of training and Need sassessment</li> <li>2. Training design</li> <li>3. Training and development methods</li> </ul>	11 L
	4. Evaluation of Training	

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- 13) Harris, P. (2008). *Designing and Reporting Experiments in Psychology*. 3 ed., Open University Press, McGraw-HillEducation
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### **Evaluation Scheme**

### I. Continuous Assessment (CA) - 40 Marks

- (i) CA-I: Online Test- for 20 marksMCQ from Unit 3
- (ii) CA-II: Experimental Project

#### II. Semester End Examination (SEE)- 60 Marks

Course: APSY504	Cognitive Psychology: Unraveling the Human Mind (Credits: 5, Lectures/Week: 04)	
	Objectives:	
	<ul> <li>Understand how the human cognition works</li> </ul>	
	<ul> <li>Gain insight about the processes of Attention and Perception</li> </ul>	
	<ul> <li>Learn about the use of Visual Imagery and Spatial Cognition</li> </ul>	
	<ul> <li>Understand the biological aspects of cognition</li> </ul>	
	<ul> <li>Appreciate the complexities of Working Memory</li> </ul>	
	Appreciate the complexities of working Memory	
	Outcomes:	
	Students would gain an understanding of Brain structure and Function and t	ha
	processes involved in perceiving, attending, organizing and storing information	15 L
		15 L
Unit I	1. What is attention?	
	i. Introduction to attention	
	ii. Types of attention	
	2. Attention Theories	
	i. Selective attention theories	
	ii. Evaluating selective attention theories	
	3. Attention and the brain	
	i. Neurological basis for attention	
	ii. Hemineglect	
	4. Controlled and automatic processing	
· · · · ·	i. Controlled processing	
· · · · · ·	ii. Automatic processing	
	5. Attention in daily life	1.5.7
	Perception: Recognizing Patterns and Objects	15 L
Unit II	1. Perception	
	i. Distal stimulus, Proximal stimulus and Percept	
	ii. Gestalt Approaches to Perception	
	2. Bottom-Up processes	
	i. Featural Analysis	
	ii. Prototype Matching	
	3. Top-Down Processes	
	i. Contexteffects	
	ii. The Word Superiority Effect	
	4. Direct Perception	
	i. Constructivist versus Direct Perception	
	ii. Affordances	

	Working Memory	15 L
	1. Sensory Memory	
Unit II	i. Iconic Memory	
Unit II	ii. Echoic Memory	
	2. Short-Term Memory	
	i. Capacity, Coding	
	ii. Retention Duration	
	3. Principles of Forgetting and Retrieval	
	i. Decay versus Interference ii. Parallel versus Serial search	
	4. Working Memory	
	i. Components of Working Memory	
	ii Stimulus-independent thoughts	
	Individual Differences in Cognition	15 L
Unit IV		
	i. Field Dependence versus Field Independence	
- 1	ii. Reflectivity versus Impulsivity	
	2. Learning Styles	
_	i. Visual Learners versus Auditory Learners	
_	ii. Crossover Interactions	
_	3. Visuospatial Abilities	
	i. Mental Rotation tasks	
- 1	ii. Brain Lateralization	
	4. Quantitative and Reasoning Abilities	
	i. Experiment by Ben bow and Stanley	
	ii. Experiment by Anita Meehan	
Refere		
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### I. Continuous Assessment (CA) - 40 Marks

- (i) CA-I : Online Test- for 20 marks
- (ii) CA-II: Conduct Psychological Tests to assess Gender Differences in Cognition- for 20 marks
- II. Semester End Examination (SEE)- 60 Marks

Course: APSY505	Practicals in Cognitive Processes and Psychological Testing (Credits: 05 Lectures/Week: 06 Practicals)	
	<ul> <li>Objectives:</li> <li>To introduce the students to Experimentation through exposure to and experience of experimental designs, methodology and conduct of experiments, statistical analysis, interpretation and discussion of data.</li> <li>To introduce the students to Psychological Testing: administration, scoring and interpretation of test scores as well as a procedural understanding of concepts related to psychological testing</li> <li>To familiarize the students with computer – based experiments (Coglab) and sensitize them to aspects of control, precision of exposure and measurement</li> <li>To stimulate interest in the process of scientific inquiry with analytical attitude and to create a foundation for advanced Experimentation and Research in Psychology and applications of advanced Statistical techniques</li> <li>Outcomes:</li> <li>Students would be introduced to Experimentation through exposure to and experience of experimental designs, methodology and conduct of experiments, statistical analysis, interpretation and discussion of data</li> <li>Basics of Experimentation in Psychological Research <ul> <li>a) Experimental designs; Randomization and counter balancing; types of variables, conceptual and operational definition of variables</li> <li>b) Identification of the research question, variables in studies,</li> <li>c) writing of Various types of hypotheses,</li> <li>d) understanding of the relationship between the research question and the directionality of the hypothesis and understanding therole of extraneous variables on interpretation and listing the same in studies,</li> <li>e) samplingerror,</li> <li>f) significant difference,</li> <li>g) rejection of the mull hypothesis,</li> <li>h) one-tailed vs. two-tailed tests,</li> <li>i) Type I and Type II decision errors</li> </ul> </li> </ul>	15 L
Unit II	<ul> <li>Basics of Inferential Statistics in Psychological Research</li> <li>1. Application of inferential statistics - The t test - Significance of difference between 2 means as applied to Repeated measures designs and Randomized group designs; The distinction between descriptive statistics and inferential statistics; sampling methods</li> <li>2. Use of Excel or SPSS: data entry and basic statistical procedures</li> </ul>	15 L
	<ol> <li>Use of Excel or SPSS: data entry and basic statistical procedures</li> <li>Correlation</li> </ol>	

	Conduct of tests and experiments	15 L
	1. Practice Exercises in Methodology and Statistics	
Unit II	I 2. Discussion and understanding of research situations – 2 Practice	
	exercises, 2 Practice experiments	
	3. Two Experiments in Cognitive Processes to be conducted	
	and Group data to be collected and analysed using	
	appropriate inferential statistics	
	4. Two Exercises in Psychological Testing	
	5. One Computer-based Experiment(Coglab)	
Unit IV	Report writing: APA style for research reports	15 L
Refer	ences:	
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- I. Continuous Assessment (CA) 40 Marks
  - (i) CA-I: Online Assessment
  - (ii) CA-II: Develop and conduct Memory Tests
  - II. Semester End Examination (SEE)- 60 Marks

Course: APSY506	Counselling: The Profession and the Skills (Credits : 04.5 Lectures/Web 03)	ek:
	Objectives:	
	To make the learner aware of basic skills in counselling	
	Understand counselling as a profession	
	To create a foundation for higher education and a professional career in	
	counselling	
	To explore the application of counselling in a field setting	
	Outcomes:	
	The student is introduced to counselling as profession	
	A set of basic skills are introduced in the process of counseling	
	Counselling as a profession	12 L
TT •/ T	1. Counselling a helping profession	
Unit I	2. The counsellor	
	3. Counselling as a system	
	4. Ethical principles and guidelines	
-	Building a counselling relationship	11 L
Unit II	1. Six factors that influence counselling	
	2. Types of initial interviews	
	3. Conducting the initial interview & Non helpful interview	
	<ul><li>behaviour</li><li>4. Exploration and identification of goals</li></ul>	
	4. Exploration and identification of goals Working in a counselling relationship	11 L
	1. The working alliance – Johari window, the real relationship	11 12
	<ol> <li>Counselling skills in understanding and action phases</li> </ol>	
Unit III	3. Contracting and rehearsal	
	4. Transference and Counter transference	
	Closing / Termination; Assessment and diagnosis	11 L
Unit IV	1. Function and timing of closing & Issues in closing	
	2. Resistance and premature closing	
	3. Counsellor initiated closing, follow up and referral	
	4. Assessment and diagnosis	

### **References**:

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#### I. Continuous Assessment (CA) - 40 Marks

- (i) CA-I: MCQs in Ethics 20 Marks
- (ii) CA-II: Students will train and be tested for 2 process skills 20 Marks
- II. Semester End Examination (SEE)- 60 Marks