



Jai Hind College Autonomous

S.Y.B.A Syllabus of

Dept of Psychology

2019-20

Semester III

SYBA Psychology

From Academic year 2019-2020

Semester I			
Course Code	Course Title	Credits	Lectures /Week
APSY301	Social psychology part I	3.5	3
APSY302	Human Development across three stages: Birth, Infancy and Preschool	3.5	3
APSY301AC	Psychology of Living	3	4



Course: APSY301	<p align="center">Course title : SOCIAL PSYCHOLOGY PART I</p> <p>Lectures/Week: 03 = 45 lectures Credits : 3.5</p>	
	<p>Preamble This course helps the learner to explore how the social world influences an individual's thinking and decision making.</p>	
	<p>Objectives:</p> <ul style="list-style-type: none"> • To create awareness of the scientific field of social psychology • To explore the current research trends in social psychology • To delve into basic concepts of social cognition • To introduce the field of attitudes • To inculcate basic skills of writing a literature review <p>Outcomes:</p> <p>Students would understand the processes of social perception, cognition and attitudes Students write a literature review on a topic of choice under the theme of SELF Students will be able to explain basic concepts of social cognition in a written mode</p>	
Unit I	<p>Introduction to Social Psychology</p> <ol style="list-style-type: none"> 1. What is social Psychology 2. Frontiers of social psychology 3. Implicit processes and Neuro science 4. Scientific methods 	11L
Unit 2	<p>Social Cognition</p> <ol style="list-style-type: none"> 1. Social Cognition 2. Heuristics 3. Errors in social cognition 4. Cognition Emotion Link 	11 L
Unit III	<p>Social Perception</p> <ol style="list-style-type: none"> 1. Non verbal communication 2. Attribution 3. Errors in attribution 4. Impression formation and management 	11 L

Unit IV	<p>Attitudes</p> <ol style="list-style-type: none"> 1. What are attitudes? How are they acquired? 2. Attitude behaviour link 3. Persuasion 4. Resistance to persuasion 	12 L
<p>References:</p> <ol style="list-style-type: none"> 1. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). <i>Social Psychology</i>. (6 edn.). New Jersey: Pearson Education and Prentice Hall 2. Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2008). <i>Social Psychology</i>. (12th edn.). New Delhi: Pearson Education, Indian adaptation 2009 3. Baron, R. A., Branscombe, N. R., Kapur.P (2017). <i>Social Psychology</i>. (14th edn.). New Delhi: Pearson Education 4. Baumeister, R. F., & Bushman, B. J. & (2008). <i>Social Psychology and Human Nature</i>. International student edition, Thomson Wadsworth USA 4. Delamater, J. D., & Myers, D. J. (2007). <i>Social Psychology</i>. (6th edn.), ThomsonWadsworth International student edition, USA 5. Franzoi, S. L. (2003). <i>Social Psychology</i>. (3rd ed.). New York: McGraw Hill co. 6. Kanekar S, (1989) <i>Attitude Formation and Change</i>, Bombay: Jaico Publishers, 7. Kenrick, D. T., Newberg, S. L., & Cialdini, R. B. (2007). <i>Social Psychology: Goals in Interaction</i>. (10th edn.). Boston: Pearson Education, and Allyn and Bacon 8. Taylor, S. E., Peplau.L.A., & Sears,D.O (2006) <i>social Psychology</i> (12 edn) New Delhi Pearson Education <p>Popular Readings:</p> <ol style="list-style-type: none"> 1. Agarwal , R (2018) <i>Indian Mobility</i> Oxford University Press) 2. Gladwell, M (2007). <i>Blink</i>. Back Bay Books. ISBN 978-0-316-01066-5. 3. Kahneman, D (2011). <i>Thinking, Fast and Slow</i>. Macmillan. ISBN 978-1-4299-6935-2 4. Lewis,H (1988).<i>Body language</i>. London: Sage publications 5. Pease, A.B.(2001) <i>Body language</i>. New York: Bantam Books <p>CA 1 : MCQ on Heuristics CA 2 Literature review group of 5 students written assignment on TOPIC SELF Handwritten</p>		

Course Code APSY302	Semester III from 2019-20 Course Title Human Development across three stages: Birth, Infancy and Preschool	3.5 Credits
Preamble: This course takes the learner through the developmental stages of birth infancy and preschool and focuses on physical, cognitive and social development of the individual in these three stages.		
Learning Objectives	<ul style="list-style-type: none"> ➤ Understand Physical and Cognitive development in Infancy (birth to 3 years) ➤ Learn about Social and Personality development in Infancy ➤ Learn about Physical and Cognitive development in the Preschool years (3 years – 6 years) ➤ Gain information about Social and Personality development in Preschool years ➤ Enhance understanding about changes happening from Birth till Preschool years 	
Course Description	To enhance one’s understanding of the developmental changes which happen in human beings from Birth, then across Infancy stage (birth to 3 years) and Preschool Stage (3 years-6 years)	
	THEORY	
Sub Unit	Unit – I: Birth and the Physical Development in New-born Infants	12L
1.	<ul style="list-style-type: none"> i. The Process of Labor ii. The Neonatal Assessment Scales 	
2.	<ul style="list-style-type: none"> i. Alternative Birthing Procedures ii. Birth Complications 	
3.	<ul style="list-style-type: none"> i. Development of the Nervous System and Brain ii. Motor Development 	
Sub Unit	Unit – II: Cognitive development in Infancy	11L
1.	<ul style="list-style-type: none"> i. Piaget’s Approach 	

	ii. Evaluating Piaget’s Approach	
2.	i. Memory capabilities in Infancy: Information Processing Approach ii. Developmental Scales to assess Intelligence & Individual differences in Intelligence: Information Processing Approach	
3.	i. The Fundamentals of Language ii. The Origins of language	
Sub Unit	Unit III: Social and Personality Development in Infancy	11L
1.	i. Emotions in Infancy ii. Social Referencing	
2.	i. Attachment in Infancy ii. Infant Interactions	
3.	i. Personality Development ii. Temperament differences in Infants	
Sub Unit	Unit – IV: Physical, Cognitive, Social and Personality Development in Preschool Years	11L
1.	i. The Growing Brain ii. Motor Development	
2.	i. Piaget’s Stage of Preoperational Thinking ii. Vygotsky’s view of Cognitive Development	
3.	i. Development of Friendships ii. Aggression and Violence in Preschoolers	

CA

(Continuous Assessment)

i. Internal Test: MM 20

ii. Class Assignment: Field Trip

SEE 60 marks

References

Mash, E.J., & Wolfe, D.A. (2005). Abnormal Child Psychology. (3rd ed.). Wadsworth / Thomson Learning

Feldman, R. S. (2015). Development across the life span. Dorling Kindersley (India) Pvt. Ltd.

Feldman, R. S. (2013). Psychology and your life. (2nd ed.). New York: McGraw Hill Publications



APSY301AC	Course: Psychology of Adjustment (Psychology of Living) (Lectures/Week: 04)	Credits : 03
	Objectives: To impart knowledge of the basic concepts and modern trends in Psychology of Adjustment To foster interest in Psychology of Adjustment as a field of study and research To make the students aware of the practical applications of the various concepts in Psychology of Adjustment in the Indian context Outcomes: The learner has an opportunity to learn about the applications of psychology for a well adjusted lifestyle	60 lectures
Unit I	Self-direction in a changing world and seeking selfhood 1. Social change, the challenge of self-direction, themes of personal growth 2. What is - self-concept; the components of self concept, core characteristics of self-concept, the Self-concept and personal growth	15 L
Unit II	Towards better health 1. Body image; Health and the mind–body relationship 2. Coping with illness; Promoting wellness	15 L
Unit III	Sexuality 1. Sexuality and Shared Partnerships. 2. Sexual Responsiveness 3. Sexual Orientation 4. Practical Issues	15 L
Unit IV	LOVE AND COMMITMENT 1. LOVE - Definitions 2. Marriage and Other Committed Relationships 3. Adjusting to Intimate Relationship	15 L

	4. Divorce and its Consequences	
	<p>Textbook:</p> <p>1. Kirsh, S.J., Duffy, K.G., & Atwater, E. (2014). <i>Psychology for Living – Adjustment, Growth, and Behaviour Today</i>. (11thed.). New Jersey: Pearson</p> <p>Additional References:</p> <p>1. Abascal, J. R., Brucato, D., Brucato, L., & Chauhan, D. (2001). <i>Stress Mastery: The Art of Coping Gracefully</i>. Indian subcontinent adaptation 2012, New Delhi: Dorling Kindersley India Pvt ltd</p> <p>2. Bam, B. P. (2008). <i>Winning Habits: Techniques for Excellence in Sports</i>. New Delhi: Pearson Power, Dorling Kindersley India Pvt ltd</p> <p>3. Baumgardner, S. & Crothers, M. (2009). <i>Positive Psychology</i>. New Jersey: Pearson Education</p> <p>A) EVALUATION SCHEME FOR THEORY COURSES</p> <p>1. SEMESTER END EXAM (SEE): 60 MARKS</p> <p>2. CONTINUOUS ASSESSMENT (CA- I) TEST 20 MARKS</p> <p>3. CONTINUOUS ASSESSMENT (CA II): PRESENTATION OF RESEARCH LITERATURE. 20 MARKS</p>	