

CIRCLE OF FRIENDSHIP

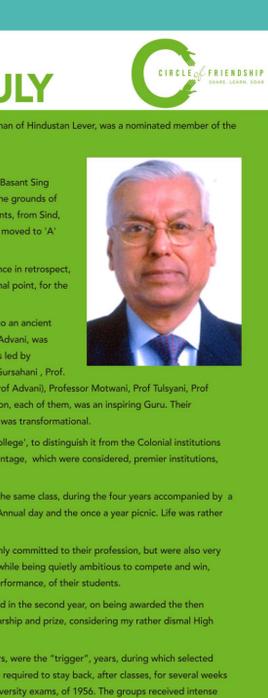
GREETINGS FROM JAI HIND COLLEGE'S ALUMNI ASSOCIATION

We hope you enjoy reading this newsletter, & look forward to sharing some more of our achievements & stories with you in the next issue.

For more information, visit our website: www.jaihindalumni.com

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Dear Alumnus,

Greetings for the New Year. May 2021 usher in happiness, prosperity, peace & good health for you & your loved ones.

Hope you enjoy reading this issue of the Newsletter.

We appeal to you to share success stories of fellow Alumni whom you are in touch with for us to feature in the Newsletter.

We also look forward to your valued inputs & feedback on the Newsletter.

Do intimate us of any changes in your contact numbers & Email IDs & assist us in connecting to other Alumni by sharing their details.

Take care of yourself!

Warm regards,

Jyoti Thakur
 Secretary Alumni Association &
 Executive Coordinator

Managing Board

COVER STORY 1- DR ASHOK GANGULY

Dr Ashok Shekar Ganguly CBE noted industry expert and former Chairman of Hindustan Lever, was a nominated member of the Rajya Sabha. His term ended on 17th November 2015.

BUILDING YOUNG MINDS TO BE "Future Ready"

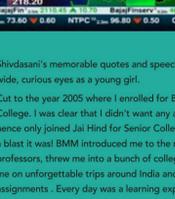
I am very happy to recall the years 1952-1956, in Jai Hind College (The Basant Singh Institute of Science). The College was set up in temporary quarters on the grounds of the Film Institute of India, at Peddar Road, by the newly arrived emigrants, from 'Sind', following the partition of India. I joined the College when it had already moved to 'A' Road.

I am especially honoured, to have been asked to write, a brief piece, since in retrospect, my education and training at Jai Hind, turned out to be a transformational point, in the first of my professional career, which is in the public domain.

Firstly I wish to acknowledge, my former Professors and since I belong to an ancient generation, readers may not be familiar with the names. Principal T. M. Advani, was indeed a visionary and an inspirational leader. The Chemistry faculty was led by Professor Kotwani and his son who taught us Organic Chemistry, Prof. Gursahani, Prof. Kessavani, Biology by Prof. Khubchandani (who became Principal, after Prof Advani), Professor Motwani, Prof. Tulsyani, Prof. Sheriar, Prof. Avasthani, Prof. Dhige and some others. Without exception, each of them, was an inspiring Guru. Their commitment not only to teach, but also to trigger our thinking process, was transformational.

I recall, that at the time, Jai Hind, was usually referred to as a 'Sindhi College', to distinguish it from the Colonial institutions such as St. Xavier's, Sydenham, Wilson, Elphinstone, and others of that vintage, which were considered, premier institutions, under Bombay University.

I alongwith my sister Smt. Pratima Wadker (nee. Ganguly), were in the same class, during the four years accompanied by a delightful group of classmates. We also looked forward eagerly, to the Annual Day and the once a year picnic. Life was rather simple and happy.



Dr. Ashok S Ganguly's speech in Rajya Sabha

Our teachers were not only committed to their profession, but were also very caring towards all of us, while being quietly ambitious to compete and win, through the academic performance, of their students.

My first surprise, unfolded in the second year, on being awarded the then prestigious Rotary Scholarship and prize, considering my rather dismal High School record.

Our third and fourth years, were the "trigger", years, during which selected groups of students, were required to stay back, after classes, for several weeks before the final B.Sc. University exams, of 1956. The groups received intense coaching, in theory and practicals, by designated Professors.

More than our own efforts, the intensity and interest of our teachers, made it apparent, that the performance of the graduating class would either match or surpass, their peers. When the Bombay University results were announced, not only were these goals achieved but exceeded, by few of us being declared as University rankers.

After graduation, I enrolled for a Ph.D. at the Institute of Science receiving the Dr.Homi Bhabha scholarship. However, in a few months, I left for the US, to pursue, higher studies.

I can never thank enough, my "Gurus", at Jai Hind or forget my classmates who became close friends, ever since! Hence the title.

ASHOK GANGULY

SHOULD I TAKE THE VACCINE - DR NEETI SAJJANI

Dr Neeti Sajjani - a top notch physician from the US shares her experience on taking the Corona vaccine in the first few days of the launch.

On Dec 19, 2020, I enthusiastically received the first dose of the vaccine against COVID 19. As physician anesthesiologists, we perform procedures and interventions which involve a high risk of exposure to Corona virus (aerosol generating procedure). We were thus included in the first round of health care workers' vaccinations in our organization and medicine in the US.

personally, Pfizer and Moderna vaccines are approved in the US.

Sharing some thoughts:

Was I afraid to take the vaccine?

No! Not at all, I let science and the facts shared by the experts, guide my eager decision to take it. The vaccines being offered by our state and health care authorities are safe and have gone through a rigorous process of testing including Phase 3 trials that involve tens of thousands of people, consisting of diverse groups of the populations. Yes, the process of approval has been expedited but only after careful analysis of data by scientific experts. In my industry a project can be expedited with process improvement and investment of resources to yield a high quality product, but without cutting corners. This data shows the vaccines approved for use so far in US are safe and about 95% effective.

What motivated me to take the vaccine?

I cannot get COVID from the vaccine. The mRNA does not integrate into my genetic material and does not stay in my body. There is no live virus in the vaccine. The risks of death and long term sequelae of COVID 19 are greater than the observed side effects of vaccine. The vaccine protects the person getting vaccinated. It will prevent severe disease even if I was to get infected with the virus. However it is very important to continue to wear a mask, physical distancing and hand hygiene.

Did I experience any side effects?

No! I did not after the first dose. Mild soreness at the injection site lasted about 24 hours. The common expected side effects are fever, fatigue, headache, chills, muscle pains, joint pains. They could occur in the first 24-36 hours, may last 12-24 hours. These effects show that the vaccine is stimulating our immune system. Those with an allergy to any ingredient of the vaccine or history of severe allergic reactions to injectable medications should discuss this with their physician and in these cases the vaccine may not be indicated. Immunocompromised patients can receive the vaccine after a discussion with their physician, as data is not currently available to establish safety and efficacy in this group.

If you are skeptical about getting the vaccine:

That's ok - we need to be comfortable with our health care decisions. It can be a shared decision with your doctor. My science and evidence guide us. Once a vaccine is approved in your community, there will be ample data for you to review. It is only when at least 70% of the community gets vaccinated that we can hope for some sense of control and normalcy like meet with family and friends.

What we all want is safety and protections for all, which this vaccine provides.

I look forward to my second dose in 21 days. I will be doing my bit to protect myself and help the community.

Stay safe,
 Dr. Neeti H Sajjani MD



Dr. Neeti H Sajjani MD

AWARDS & ACHIEVEMENTS

DR RAKHI SHARMA

We are proud of our Senior Faculty & Alumni Association Committee Member Dr Rakhi Sharma for her dynamic work in the field of Entrepreneurship & Business Innovation.



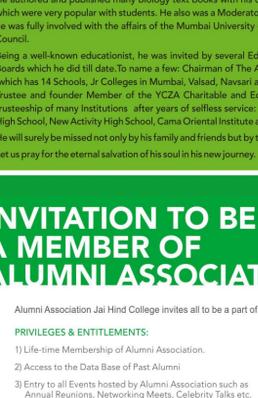
JEHAN DABOO

Jehan Daboo, as part of SIBM, Pune, won GODREJ LOUD, 2020! GODREJ LOUD is a National Business School competition conducted by Godrej each year for the premier B-schools of India. The competition is aimed at creating a dream team of participants who do that is what is unique about the competition. It is only about the participant! There were 3159 applications, out of which 10 were winners. Jehan was one of the winners! His dream is to represent India in the Deaflympics 2021, and we wish him success!

ANKITA GUPTA

Ankita Gupta pursued her Psychology Major Degree at Jai Hind College.

In 2019, she was felicitated with the Karmaveer Global Young Achiever Award in acknowledgement of her work in the spheres of mental health, abuse and the LGBTQIA+ community by The Campus Connect and Rex at IIT Delhi.



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YOUNG ACHIEVERS

AVANEDUBASH

My association with Jai Hind College began when I was five or six years old. No, it's not like I was some super geek that I got admitted to college that early. I merely tagged along with my mother, Prof. Purvraj Dubash, who taught English Language in the college for 28 long years. I vividly remember looking at the sprawling classrooms with wooden desks, the crowded auditorium, Principal

Shivdass's memorable quotes and speeches and crowded hallways and canteens with wide, curious eyes as a young girl.

Cut to the year 2005 where I enrolled for BSc (Bachelor's of Mass Media) at Jai Hind College. It was clear that I didn't want any association with my Mom in college, and hence only joined Jai Hind for Senior College as she taught in Junior College. And what a life it was! BMM introduced me to the most fantastic and talented classmates, great professors, threw me into a bunch of college festivals, opened up my creative side, took me on unforgettable trips around India and ensured we had some great project assignments. Every day was a learning experience, and from some of my classmates have gone on to do some incredible things in life. In directing films to starting in films, from spearheading their own digital companies to working along with working for noble causes to running their own event management businesses and from jewellery design and fashion consultants to boss women in the networking field - I am so proud to call them my friends!

BMM gave me an opportunity to discover, as I like to say, what I didn't want to do which made me realize what I actually do want in my career. I majored in advertising only to realize it wasn't my cup of tea. I threw myself into the world of TV production straight out of BMM and worked at a small production house. I then got an offer from the Times Group for their upcoming business news channel ET NOW - and started ever so tentatively in 2008 and haven't looked back since! From production, to features to the ticker desk - I now anchor prime time market shows on the channel. I've had some great mentors and learning experiences and picked up everything on the job. A typical day would include interviewing some of the most intellectual market veterans to top corporate honchos and even pioneers in the start-up and entertainment world. Hosting award shows and investor camps have also been very rewarding. And studying in Jai Hind College definitely gave me the stepping stone, boosted my confidence and opened my eyes to all that the world has to offer!

Follow me on Instagram & Twitter @avanedubash!

RISHABH SAXENA

I spent two years at Jai Hind College between 2004-06, directly after school. Although a long time ago, I cherish these times and would like to recount how they have helped shape my life and career as of today.

Finding my wings

About 15 years ago I joined Jai Hind College. It marked the beginning of a phase of one's life, directly after the cocoon that is school, which is marked with an increased sense of independence and freedom. As a result, my focus on the non-academic realm of adult life increased dramatically and almost instantaneously.

My first experience with working in a group setup came by means of my involvement with the Rotaract Club. Up until this point in my life, I was rather satisfied keeping largely to myself and pursuing my own life goals individually. Being able to work in a team and enriching one's own life by enriching those of others were, as I understand, two core principles of the Rotaract Club and turned out to be great learnings for me.

Of the several other experiences during my time at college, I'd like to recall one specific one - during my senior year I had the chance to represent my college and country as one of the Indian delegates at a cultural exchange and wilderness experience program in South Africa. This sparked off my interest in traveling and learning about other cultures and came just as my interests in environmental conservation and environmental protection were reaching their peak.

In hindsight, the two years I spent at college enriched various facets of my personality which are holding me in good stead even today. And so, my years at Jai Hind College, albeit a short time, were indeed very meaningful.

Buyed by my experiences during college I charted elaborate, and at times almost fantastical, plans for my undergraduate and postgraduate university education. So when the option of studying engineering in Germany presented itself I was very happy to grab it with both hands - not least because it seemed off the beaten track, and because I was all too keen to immerse myself in a completely new culture and learn a new language. Combining my intellectual pursuits around clean energy and climate protection with my burning desire to travel led me to exchange programs in Delft, The Netherlands and Zürich, Switzerland. And eventually, I did my Masters at ETH Zürich, which for me was the crowning glory of my studies in Europe. After 5 years in Europe I had a first-class degree in engineering, was fluent in German, and was considered a highly qualified expert in the field of renewable energy.

This phase of my life was characterized by travelling, pursuing my interests and spending time at partner universities - it felt like a lot like taking flight, literally and figuratively. Clear skies and blue clouds.

A few years after graduation, The Boston Consulting Group (BCG) stumbled upon me and made me an offer to be a consultant in the field of renewable energy and digitalization. Several friends warned that I could be entering a phase of bad work life balance and that it would, on the other side, leave me doing so. Also, I realized opportunities for professional growth like these don't come by very often and prove me wrong in doing so. Finally, I realized opportunities for professional growth like these don't come by very often and prove me wrong in doing so.

I have been at BCG for over 3 years now and intend to stay there for some time if I may. I might've found my wings, taken flight, and even experienced clear skies - but to not see any clouds or particularly dark ones would be a sign of blindness. Intense experience in culturally diverse teams is no longer the norm of everyday life for me now.

Every now and then I am both delighted and frustrated by the diversity of teams - there are always multiple ways of doing the same thing. I consider myself lucky to have been exposed to working in teams and diverse cultures at an early stage in college.

What's ahead?

Looking ahead, I don't have any uncertainty. What comes in the future will simply be another brick on a solid foundation of earnings that has already been laid over the past years. My college years, although short, has set me up for success!

Rishabh Saxena

EVENTS - SHOUTT 2020-21

SHOUTT is the most awaited and acclaimed college festival & attracts participation from many premier institutions across the city. The resounding success of SHOUTT 2019-20 had raised the expectations of all the stakeholders in the midst of a total lockdown because of the Corona Virus pandemic. In spite of a direct communication barrier, The Social and Dramatic Union of Jai Hind College broke several records, created history and presented to Mumbai, the first ever ONLINE SHOUTT on the 21st, 22nd and 23rd of January, 2021 and thus kept up to its chart of not only being good but the best at absolutely everything that they do. The event was a grand success and a memorable one for all.

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SHOUTT 2020-21

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